

Section 1 Northern County

5/19/07

GIRLS

ARLINGTON	212
BEACON	110
BREWSTER	66
JOHN JAY	47
CARMEL	36
LOURDES	32
HALDANE	30
MAHOPAC	26
PAWLING	23
KETCHAM	16
POUGHKEEPSIE	8
PUTNAM VALLEY	8

400 METER

Sara Sheehan	61.3	BEAC
Amanda Garber	62.1	BREW
Simone Porter	62.6	LOURD
Antoinette Bowley	62.6	ARL
Katie DiBello	63.4	MAH
Samantha Olyha	63.9	ARL

3000 METER

Chelsea Hanson	10:46.8	ARL
Renee Blair	10:54.0	BEAC
Jessica Neville	11:01.5	HALD
Gabriella Gjonaj	11:03.7	ARL
Victoria Sanford	11:06.9	ARL
Allison Ryley	11:14.7	ARL

100 HH METER

Samantha Snowden	17.4	BEAC
Cynthia Herivaux	17.6	ARL
Justine Neville	17.6	HALD
Becky Paugh	17.7	PAW
Danielle O'Conner	18.2	MAH
Liz Cianco	18.8	ARL

1500 METER

Catherine Desarle	04:55.6	CAR
Rhitti Dhillon	05:08.8	ARL
Lauren Brunetto	05:11.2	BEAC
Katrina Keegan	05:12.1	MAH
Jessica Neville	05:12.4	HALD
Amanda Bieglecki	05:14.2	BREW

100 METER

Jasmine Simmons	12.5	BEAC
Megan Buah	12.6	ARL
Yanique Bowley	13.4	ARL
Nateya Lassic	13.5	POK
Ally Neidig	13.8	JJ
Alex Bernasconi	14.1	JJ

400 IM HURDLES

Cynthia Herivaux	70.2	ARL
Amanda Garber	72.1	BREW
Courtney Reilly	72.6	ARL
Danielle Wheeler	73.3	CAR
Alyssa Greco	74.3	ARL
Sam Waruch	74.5	BREW

200 FINAL

Karly Dean	26.3	JJ
Magan Buah	26.8	ARL
Simone Porter	27.1	LOURD
Nateya Lassic	28.3	POK
Yanique Bowley	28.5	ARL
Avante Graves	28.9	BEAC

800 METER

Cristy O'Reilly	02:25.5	CAR
Amanda Garber	02:25.8	BREW
Julie Gjonaj	02:26.0	ARL
Sara Sheehan	02:26.2	BEAC
Catherine Desarle	02:27.4	CAR
Katie DiBello	02:27.9	MAH

3200 RELAY

Pawling	10:18.3
Brewster	10:19.7

Mahopac	10:21.6
Beacon	10:33.0
Arlington	11:06.5

400 RELAY FINAL

Arlington	53.8
Pawling	54.0
John Jay B	58.2
Brewster	59.2
Mahopac	60.0
Beacon	60.6

1600 METER RELAY

Beacon	04:16.2
Arlington	04:17.2
Lourdes	04:36.6
Brewster	04:40.2

PENTATHALON

Brittany Montanna	2511	CARM
Aislinn McIlvenney	2199	ARL
Mary Lynch	2166	MAH
Ally Rola	1725	BEAC
Christy Bak	1719	BREW

SHOT PUT

Pehmoeller	35' 9"	ARL
Copuzzo	33' 0"	PUT
Hoover	30' 7"	ARL
Spindel	30" 5"	BREW
Lusuriello	27' 3"	JJ
Tangredi	25' 9"	PAW

DISCUS

Spindel	112' 5"	BREW
Pehmoeller	112' 0"	ARL
Beckley	87' 10"	ARL
Tice	80' 6"	LOURD
Hoover	78' 10"	ARL
Kostenko	70' 10"	ARL

LONG JUMP

Jasmine Simmons	18' 2"	BEAC
Avante Graves	15' 9 1/2"	BEAC

Meaghan Buah	15' 4"	ARL
Brianna Harrold	14' 8"	HALD
Christy O' Shea	14' 7"	JJ
Antoinette Bowley	14' 1/2"	ARL

TRIPLE JUMP

Jasmine Simmons	37' 31/4"	BEAC
Brianna Harrold	31' 61/4"	HALD
Caitlin Conn	31' 31/4"	BREW
Cynthia Heriveax	31' 23/4"	ARL
Ketuvah Richards	30' 31/4"	BEAC
Pascale Duvilsant	30' 314/"	ARL

POLE VAULT

Heather Shay	8' 6"	JJ
Kelly Grogan	8' 3"	RCK
Maggie Logan	7' 6"	ARL
Andrea Russo	6' 6"	ARL
Veronica Moseman	6' 6"	BEAC

HIGH JUMP

Megan Tice	5' 3"	LOURD
Michele Furman	4' 8"	BEAC
Samantha Olyha	4' 6"	ARL
Nentle	4' 6"	HALD
Keturah Richards	4' 6"	BEAC
Coffman	4' 3"	MAH

JAVELIN

Stacey Brooks	102' 21/2"	ARL
Kaitlin Decker	89' 1"	JJ
Nicole Caley	85' 3"	JJ
Kaile Albrecht	81' 1"	ARL
Eva Greenfield	80' 4"	MAH
Tara Keegan	79' 91/2"	BREW

HAMMER

Alyssa Pehmoeller	116' 3"	ARL
Vicki Walker	100' 5"	RCK
Megan Beckley	78' 4"	ARL
Katrina Kosenko	73' 1"	ARL
Reilly Bayer	71' 11"	ARL
Sam Spindel	71' 1"	BREW

BOYS

ARLINGTON	179
BEACON	115
BREWSTER	96
POUGHKEEPSIE	51
PAWLING	48
LOURDES	36
JOHN JAY	35
MAHOPAC	34
CARMEL	13
PUTNAM VALLEY	9
HALDANE	0
KETCHAM	0

400 METER

Jon Nash	52.7	PAW
Chris Waruch	53.6	BREW
Nate Baum	54.3	LOURD
Alex Shapiro	54.3	BEAC
David Barille	54.9	MAH
Enyn Henry	55.4	ARL

3200 METER

Adam Doherty	09:53.1	ARL
Luke Maher	09:56.4	CAR
Jon Zupan	10:05.9	PUT
John Muller	10:06.7	ARL
John Vallo	10:15.8	BEAC
Dan Kane	10:23.3	ARL

110 HH METER

Andrew Howard	15.2	ARL
Cris Ferro	15.7	MAH
Jason Raeburn	16.3	BEAC
Mike Clifford	16.4	JJ
Dan Meury	17.2	MAH
Will Gabay	17.4	MAH

1600 METER

Brendan Ceriello	04:33.2	ARL
Brian Debronsky	04:37.0	BEAC
Colby Del Bene	04:41.2	PAW
Nick Arena	04:48.4	BREW
Joe Espisito	04:51.4	LOURD
Austin Kellerman	04:51.9	LOURD

100 METER

Jamel Brown	11.2	POK
Derrick Hunter	11.3	ARL
Derrcik Perry	11.4	ARL
Greg Geurci	11.5	CAR
John Mallen	11.9	MAH
Matt Moore	12.0	ARL

400 IM HURDLES

Andrew Howard	57.8	ARL
Jason Raeburn	58.1	BEAC
Ben Kimble	63.6	ARL
Oleksig Federov	64.2	BREW
Dan Meury	64.8	MAH
Rich Nickerson	68.5	ARL

800 FINAL

Marcel Baur	02:03.7	ARL
Joe Esposito	02:06.2	LOURD
Chris Waruch	02:06.6	BREW
Rafael Stabe	02:07.4	PAW
Mike Kerrigan	02:07.9	BREW
Mark Castelli	02:08.2	CAR

200 FINAL

Jamel Brown	23.5	POK
Mike Clifford	23.8	JJ
Shaun Dabbs	24.1	POK
Nate Baum	24.6	LOURD
Bill Marvin	24.8	BREW

3200 RELAY

Brewster	08:48.2
Pawling	08:54.3
Lourdes	09:12.5
Arlington	09:23.2
Beacon	09:23.8
Poughkeepsie	10:40.0

400 RELAY FINAL

Poughkeepsie	45.9
Beacon	46.9
John Jay	47.1
Pawling	47.4
Arlington	48.9

Mahopac 49.2

1600 METER RELAY

Beacon	03:36.5
Arlington	03:43.4
Mahopac	03:45.9
Brewster	03:46.1
Putnam Valley	04:02.3

PENTATHALON

Frank Risole	2734	JJ
Will Johnson	2450	ARL
Mike Donellon	2265	ARL
Mike Thomas	2209	BREW
Dan Black	2161	BREW
Kyle Darcy	1939	BREW

SHOT PUT

Matt Hudson	44' 9 1/4"	ARL
Hoolihan	41' 1/4"	ARL
Poljak	40' 2/14"	BREW
McRitchie	38' 11 1/2"	ARL
Miller	37' 7 1/4"	POK
Callahan	36' 11 1/2"	BREW

DISCUS

Matt Hudson	128' 4"	ARL
Paul Spera	116' 8"	LOURD
George Brereton	115' 11"	MAH
Matt Callahan	108' 2"	BREW
Desmond Miller	106' 9"	POK
David Hamilton	105' 10"	PUT V

LONG JUMP

Chris Kelly	20' 23/4"	BREW
Max Schmidt	20' 11/4"	BEAC
James Corte	19' 7 1/4"	BREW
Chris Morales	19' 2/12"	BEAC
Enya Henry	18' 21/4"	ARL
Adam Schmalz	17' 9 1/4"	JJ

TRIPLE JUMP

Max Schmidt	40' 9"	BEAC
Chris Kelly	39' 10"	BREW
Mike Clifford	39' 5"	JJ
James Corte	38' 10"	BREW

Chris Morales	38' 1/2"	BEAC
JP Callahan	37' 10"	LOURD

POLE VAULT

Dan Piazza	11' 6"	PAW
Mike Herb	11' 0"	ARL
Jake McBride	10' 6"	BEAC
Tejorn Davis	10' 6"	BEAC
Roman Miranda	10' 6"	PAW
Ben Kimble	10' 0"	ARL

HIGH JUMP

Jake McBride	5' 6"	BEC
Jason Raeburn	5' 6"	BEC
Tejorn Davis	5' 3"	BEC
Dylan Reiger	5' 3"	PAW
Eric Vansweringen	5' 0"	ARL

JAVELIN

Matt Hudson	136' 10"	ARL
Michael Blocker	134' 5"	POK
Brice Rosenfeld	134' 3"	BREW
Stu Meissner	133'	BREW
Desmond Miller	131' 5"	POK
Ryan Tomkins	119' 5"	BEAC

HAMMER

Kyle Albrecht	136' 3"	ARL
Neil Montango	104' 10"	BEAC
Sean Elman	96' 7"	ARL
George Brereton	90' 9"	MAH
Jason Steinke	56' 6"	ARL